

GOOD DAY // WEEK 1

FELLOWSHIP THAT BRINGS JOY

Mike Drummond - 6/9/24

GROWING TOGETHER

Share a time when you had a good day even though it was a rough day.
and / or

Do you have a song, a playlist, or a station that lifts your spirits?

GROWING WITH GOD

Read [Philippians 1:1-11](#), [John 16:33](#) aloud and go over your sermon notes with one another. (Answer all or some of the questions)

This week's BIG Idea: True joy comes from our partnership ([Koinonia](#)) in the Gospel and spiritual growth in Christ, regardless of what we're going through. Or, as Pastor Mike put it, even when the news is not good, there is always Good News!

We've all had times when life just wasn't going our way. Maybe it was family drama, work problems, health scares, or even doubts about our faith. Sometimes we can see the bright side, but not always. As Pastor Mike reminded us, even when the news is not good, there's always Good News: Jesus.

- **Can you share an experience when this truth proved to be right in your life?**
- **How did the Gospel provide you with hope and joy during that time?**

Paul wrote to the church in Philippi as a response to the gift Epaphroditus delivers following an 800-mile journey. That is an amazing level of commitment and dedication on behalf of Epaphroditus.

- **Have you ever been on the receiving end of a labor-intensive gift or gesture that you knew was well-beyond what the average person would do to deliver it?**
- **Have you ever been the one to deliver something like this to someone knowing it would require extra effort and time, whether it was from yourself or on behalf of others?**

In Paul's opening to the church in Philippi in verses 5-8, he expresses his reasoning for why he feels gratitude and a kinship towards them - their partnership, his confidence that God will complete the work He started in them at Philippi, and all of them mutually sharing God's grace.

- **Can you share a time when you felt a strong connection and/or gratitude towards someone because of a shared mission or goal?**
- **Talk about some of the shared traits or qualities that helped create that connection and, looking back, is there a similarity with Paul and the Philippians?**

Paul's prayer for the Philippians in verses 9-11 goes beyond immediate needs and focuses on their spiritual growth and righteousness so they may be ready for the day Jesus returns.

- **Have you ever prayed for someone in a way that focused on their spiritual well-being and growth in Christ? If so, can you share with the group how that made you feel?**
- **If your relationship wasn't the best, how did praying for them change your feelings towards that person(s)?**
- **If you've never prayed for someone in this way, how might you start incorporating this type of prayer into your daily prayer life?**

Paul starts off his letter to the Philippian church with seriously positive affirmations and prayer. He lays out for them what his hope would be for their lives.

- **As we kick off this eight-week series, have you started thinking about how your prayer life and relationships—both with people you know and those you don't—might shape the rest of your summer?**

GROWING IN OBEDIENCE & SCRIPTURE

Pastor Mike challenged us this week to “Pick one person in your life, and to pray for them this week in the way that Paul prayed for the Philippians. Write their name down, and pray that they are able to love others with insight and discernment, that they would know how to perfectly apply the love of Christ to the people around them. Then pray for that person to do whatever it takes to be found pure and blameless, to be found sincere when their life is brought into the light. That if they are struggling with a sin, if they are trying to cover something up in the dark, trying to hide something that is causing them to stumble...that the Holy Spirit would place it on their minds and give them the strength to turn from that sin. Pray for that person’s righteousness...for the day they meet Christ...that they would be found with an abundance of fruit hanging from their lives that would testify to the Glory of God”.

Embracing Joy in Christ

1. Pursue a Joyful Spirit: Make a conscious effort to pursue a spirit of joy in your daily life, regardless of circumstances, by focusing on the good news of the Gospel and the promises of Christ.
2. Practice Gratitude: Regularly express gratitude to God for His blessings and the gift of salvation through Jesus Christ. Reflect on His faithfulness and goodness, even in challenging times.

Life Group Leader: Encourage members to chat about moments that brought them joy and gratitude during group time and one-on-one conversations with one another. Create a space where you can all cheer each other on by sharing stories of how Jesus brings joy into your lives.

Pursuing a Deeper Prayer Life

1. Prioritize Prayer: Commit to spending intentional time in prayer each day, seeking God’s guidance, strength, and presence in your life.
2. Intercede for Others: Regularly pray for the needs and concerns of others, both within and outside your small group, lifting them up before God and trusting in His provision.

Life Group Leader: Consider providing resources and guidance for cultivating a deeper prayer life, such as prayer journals or prayer prompts (moments of gratitude, forgiveness, surrender, praise, etc). Consider facilitating group prayer sessions where members can pray for one another and share prayer requests, fostering a supportive and spiritually vibrant community.

GROWING IN PRAISE AND WORSHIP

This week's song list if you'd like to worship with your group.

[This is Our God](#)

[Trust in God](#)

[O Come to the Altar](#)

GROWING WITH CATALYST PEOPLE

Be sure to follow Catalyst Church on all the major social media platforms for the latest information and words of encouragement.



